

# STAFF AND STUDENT SYMPTOM AND EXPOSURE GUIDE (COVID-19)



	DIRECTIVE	NEXT STEPS	WHEN IS RETURN TO SCHOOL PERMITTED?
<p><b>COVID-like SYMPTOMS</b></p> <p>At least <b>ONE</b> of these symptoms</p> <ul style="list-style-type: none"> <li>- New or persistent cough</li> <li>- Shortness of breath</li> <li>- New loss of sense of smell</li> <li>- New loss of sense of taste</li> </ul> <p><b>OR</b></p> <p>At least <b>TWO</b> of these:</p> <ul style="list-style-type: none"> <li>- Fever</li> <li>- Chills</li> <li>- Muscle pain</li> <li>- Headache</li> <li>- Sore throat</li> <li>- Nausea/vomiting</li> <li>- Diarrhea</li> <li>- Fatigue</li> <li>- Congestion/runny nose</li> </ul>	<p><b>Stay Home.</b></p> <ul style="list-style-type: none"> <li>- stay home and away from others.</li> <li>- Notify the school immediately</li> </ul> <p><b>Already at School?</b></p> <p><b>Staff</b></p> <ul style="list-style-type: none"> <li>- Go home immediately. If waiting for a ride, report to isolation room.</li> </ul> <p><b>Students</b></p> <ul style="list-style-type: none"> <li>- Report to isolation room. Student must go home with parent/guardian.</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Get COVID tested and/or assessed by a healthcare provider.</b></li> <li>- <b>Attend school/work remotely if possible and well enough to do so.</b></li> <li>- <b>Staff may apply for leave in accordance with policy, contact HR if needed.</b></li> </ul>	<ul style="list-style-type: none"> <li>- If test positive: see <b>POSITIVE COVID-19 DIAGNOSIS</b> below.</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>- <b>Provide Medical Documentation</b> - a healthcare provider has evaluated the individual and documented an alternative diagnosis and individual may return to school based on healthcare provider's documentation</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>- COVID-19 testing result was negative and symptoms resolve and meets normal return to school criteria after an illness (if not exposed) OR upon completing 14 days of quarantine (if exposed).</li> </ul>
<p><b>POSITIVE COVID-19 DIAGNOSIS</b></p>	<p><b>Stay Home.</b></p> <ul style="list-style-type: none"> <li>- stay home and away from others.</li> <li>- Notify the school immediately</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Follow up with medical professionals as needed.</b></li> <li>- <b>Attend school/work remotely if possible and well enough to do so.</b></li> <li>- <b>Staff may apply for leave in accordance with policy, contact HR if needed.</b></li> </ul>	<p>Can return to school at least 10 days after onset of symptoms AND 1 day without fever, off fever reducing medicines AND symptoms improving. Call PDPH at 215-685-5488.</p>
<p><b>COVID-19 EXPOSURE</b></p> <p>Close contact with someone symptomatic or diagnosed with COVID-19</p> <p>Spending a total of 15 minutes, less than 6 feet apart from someone with a confirmed case of COVID-19 starting from 48 hours prior to that person developing symptoms.</p>	<p><b>Stay Home.</b></p> <p>QUARANTINE for 14 days. Stay home &amp; away from others</p> <p><b>Self-monitor.</b></p> <ul style="list-style-type: none"> <li>- Check for Covid-like illness</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Seek medical attention if necessary.</b></li> <li>- <b>Attend school/work remotely if possible and well enough to do so.</b></li> <li>- <b>Staff may apply for leave in accordance with policy, contact HR if needed</b></li> </ul>	<ul style="list-style-type: none"> <li>- If test results are <b>NEGATIVE</b> Can return to school once 14-day quarantine period is over &amp; meets other return to school criteria for after an illness.</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>- May return to school if COVID-19 diagnosis is ruled out for symptomatic close contact.</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>- Can return to school 14 days after last day of exposure (<b>if exposure was in household, must quarantine for 14 days from when COVID-19 positive individual ends their 10 day isolation</b>)</li> </ul>